

1. The warranty period valid for 1 year from date of purchase.
2. If the unit requires repair, please contact our service center.
3. If the repair was caused by the following situations, you will be changed for material replacement only.
  - a. Improper use and operations.
  - b. Operating it without complying with working voltage.
  - c. Re-assembly or remove it after the supplier's installation.
  - d. Damaged by nature, disaster or fire.
4. We will charge for repair under these conditions:
  - a. Exceeds the warranty period.
  - b. No warranty card on file.
  - c. The specification on the warranty card is different from an actual model.
  - d. The warranty card has been revised or cannot be recognized.
  - e. Without the purchase date on the warranty card, warranty is void.
5. This warranty card has been defined for spare parts. Parts will be replaced with an equivalent part.

## **ANP-329**

### **Portable Intelligent Dry Heat Sauna With Far Infrared Ray (FIR)**

#### **Product User's Manual & Warranty**



- Usage Precautions
- Function & Features
- The comparison of FIR Sauna with Steam Sauna
- The Specification of FIR Sauna
- Parts List
- Hand held controller Function Illustration
- How to Assemble
- Installation Procedures
- Clean & Storage of the Sauna
- Warranty Contents

**WARNING!!! Never leave the product UNATTENDED if in use!!!**

## Usage Precautions

- This sauna is not medical equipment and cannot be used for medical purposes.
- Check with doctor before using this sauna for pregnancy or those who are under medical care.
- Stop using the Sauna immediately if you feel uncomfortable, dizzy or sleepy.
- Do not plug in while folded.
- Staying too long in the sauna can cause overheating ,30 minutes is recommended per day,and do not use it for more than 3 times per week.



“NOT Recommended for use by anyone under the age of 18 years old ”

Do not use the Sauna under the following Health Conditions

- Any type of respiratory condition.
- Anyone with a heart condition.
- High or low blood pressure.
- Pregnancy.
- Any skin disease or disorders.
- Drinking alcohol or alcoholic beverages.
- Check with your doctor regarding the use of this product.

Warning (Please read carefully)

- Unplug the power cord after each use.
- Do not use in or around water for danger of electrical shock.
- Keep the electrical cord away from the heated sources.
- Never operate the unit if the cord or plug has been damaged.
- Do not pull on the electrical cord.
- Any repair must be performed by an authorized Dealer.
- Any repair must be performed by manufacturer , its service agent or similarly qualified person.
- Never use in wet or damp condition!

e. Please note that while handling the setup or close down, always keep away from sharp objects that may damage the unit. Reverse the procedures outlined above for setting up if packing the sauna away.



## Clean & Storage of the Sauna

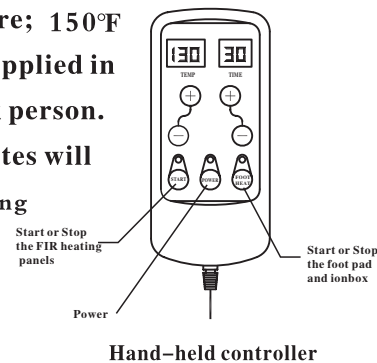
1. Dry the water from the PE-foam of the Sauna box after using.
2. Open the zipper to ventilate. Pack and store after heat has dissipated.
3. Use clean damp cloth to wipe off, and then fold. No need to wash.

## Installation procedures

1. To open the Sauna Box, put the PE-foam on the bottom and lay the folding chair in the housing. Build the Sauna Box inside the wall to keep it standing.
2. Plug the power cord into the power socket.
3. Using the Hand-held controller to set up the time and temp..
4. It is suggested that pre-heat the Sauna Box and the foot pad for five minutes, Use of the footpad depends on individual preference.
5. When all the time and temp. has been set up, a suggestion is to drink a cup of 300-500cc's of water. Then sit in the Sauna, close the zipper and relax.
6. After using the Sauna, unplug and pull out the power cord.

## Hand held controller Function Illustration

1. Press **Power** key to turn on the instrument. The **TEMP** will display 130°F (grade 3) (default) while the **TIME** will display 5 minutes (default).
2. Press **START** key to start the instrument. The indicating light will be on.
3. Press **FOOT HEAT** key to heat the foot bottom. The indicating light will be on.
4. **TEMP.**: totally 110–150°F (1–5 degree); among them, 130°F (grade 3) is middle Temperature; 150°F (grade 5) is the highest that usually applied in winter; grade 1 is the lowest for weak person.
5. **TIME**: totally 0–30 minutes, 5 minutes will increase or decrease for each pressing Of (+) or (–) key.



## How to assemble

Please keep away from sharp objects that may damage the unit when handing the set up or close down of the sauna equipment.

## Assemble step is below

- a. Unfold both side-walls of the FIR Sauna box to let it stand upright.
- b. Close the zipper from the bottom of the back-wall to the front end, and place the foam floor cushion in place, with the glossy side facing upward.
- c. The wired foot pad, with its footprint facing upward, then should be placed on the cushion near the front end.
- d. Put the folding chair on the rear part of the cushion. The unit is ready for use.

## Functions & Features

- The side-walls, the back-wall and the foot pad are covered with 0.1mm ultra thin super conductive heating elements coated with heat-activated FIR radiant materials.
- When FIR Sauna box heats up to 150°F (65°C), FIR material emits 95% of its energy.
- It takes only 5 minutes to reach 150°F (65°C) constant temperature.
- Low cost to operate.
- Super conductive heating of 900 watts plus FIR radiation equivalent to 1800 watts thermal energy.
- Totally safe, not burdensome even to cardiovascular patients.
- Depending on individuals, the volume of perspiration can be 500 cc. with 10 minutes use.
- Only a minute to set up or to close down. No mess to clean up just wipe with a damp cloth.
- Light weight only 10–11 Kgs. Dry and portable. Suitable for use anywhere.
- 110–150°F (1–5 grade) temperature optional control.
- Auto temperature control for the foot pad.

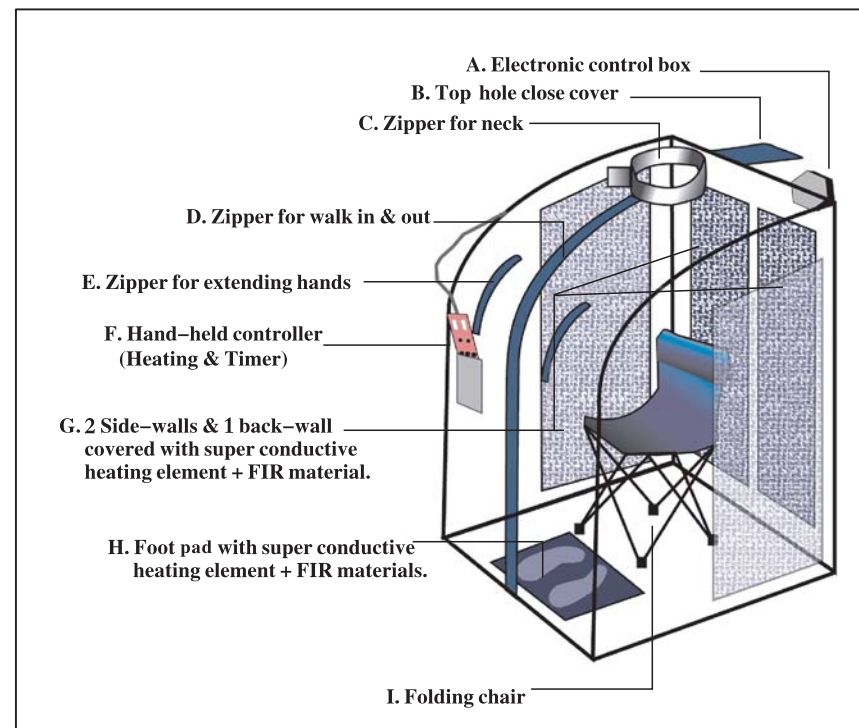
## The comparison of FIR Sauna with Steam Sauna

Item Model	Heating Type	Feature	Noise	Storage after usage	Folding assembly time	Usage place
FIR Sauna	Super conductive ultra thin heating element	With ultra thin conductive heating element on the foot	No Noise	Dry, Non-odor, free of wash	1 min.	Living room rest room
Steam Sauna Box	Regular steam Sauna type	NO extraordinary function on the foot	With Noise	Humidity fungi, odor, need to be washed	Over 15 min.	Bath room

## The Specification of FIR Sauna

Model	ANP-329A	ANP-329A(L)
Input Voltage	AC220-240V 50HZ	
Input power	1000W	
Temperature of inner box	45-55°C (113-131°F) 1-5 grade automatic temperature control	
Safety device	Auto temperature control	
Timer	5~30 min	
Usage size	H100 × W70 × L80cm	H103 × W80 × L84cm
Collected Size	H70 × W13 × L102cm	H80 × W14 × L105cm
Weight	10 kgs/set	11 kgs/set
Power Consumption	Low	
Foot Heating Pad	Auto temperature control	

## Parts List



- A – Electronic control box
- B – Top hole close cover
- C – Zipper for neck
- D – Zipper for walk-in & out
- E – Zipper for extending hands
- F – Hand-held controller (Heating & Timer)
- G – Side-walls & 2 back-walls covered with super conductive heating element + FIR material.
- H – Footpad with super conductive heating element + FIR materials.
- I – Folding chair